

# TRANSFORMATIONAL TEAM BUILDING

## How to Facilitate Meaningful Dialogue, Conflict Resolution & Problem Solving

May 7-11, 2018

Monica's Farmhouse  
Kitchener, Ontario



## About this Program

This workshop is a transformational experience for anyone wanting to deeply learn about leading, working with or being in teams, and about team building, whether you are a seasoned practitioner or a beginner. You also will learn how your own state deeply affects the group (self as instrument). This experiential workshop follows a step by step process combined with theory and practice, based on Linda Lehtonen's 30 years' experience working with groups. All of the work is rooted in five, deep, principles which guide the practitioner/leader in helping shape the teams' and your own development.

## What You Will Learn

- How to structure and facilitate from client contracting through to intervention.
- What a transformational process is, and how it is different from typical change efforts models for transformational change for individuals and organizations.
- How to use our energy as transformational change agents by strengthening our access to inner wisdom, increasing our consciousness, refining our use of power, and working from a place of love and compassion.
- The Five Guiding Principles – learn to use yourself as an instrument to work from a place of grace and ease without becoming invested in the toxicity or “stuckness” of the group. Learn to use your energy to be able to help create dramatic results in teams.
- What to Look for in Groups – the 5 key trouble spots in groups and how to diagnose them.
- The “Kit Bag” of the Facilitator – knowing what helps and hinders – the key competencies of the facilitator.

*“Linda is a master facilitator with a gift for compacting her years of experience into a week of learning designed to take facilitators at a variety of levels up several notches. She meets you where you are and supports you in reaching the goals you set for yourself... and, along the way, she weaves in her model for contracting with and working with teams. You won't want to miss this opportunity.”*

— Beverly Bitterman | O.D Consultant, Florida



## What You Will Take Away

- A tried and true, step by step, proven process to help teams grow and heal in record time
- A template for teambuilding, coaching and leadership based on over 30 years of experience
- Structured activities for dealing with issues related to goals, roles, leadership, relationships, and interpersonal conflict
- Increased consciousness and confidence as to how you use your energy as a facilitative leader and help groups have courageous and real conversations
- An increased ability to help teams get to and let go of their issues and become productive
- A comprehensive, practical, scripted, step by step booklet

[www.lindalehtonen.com](http://www.lindalehtonen.com)  
for more details

*“Profound and life changing. An amazing insight into people’s character and an introspective look at oneself.”*

*-Andrew Cooper, Engineer*

## Who Should Attend?

This program is designed to help practitioners/leaders/team members get to the root and heart of the issues facing groups in organizations. Anyone in the role of consultant, mediator, facilitator, trainer, organizational leader, supervisor, project leader, human resource and organization development practitioner and team members will benefit greatly from this hands-on, practical, beyond the basics approach to teambuilding.

*“This program is a must for anyone interested in creating real and lasting change with teams and organizations. Linda has created this incredible workshop where participants can experience first hand how to facilitate deeper and more meaningful communication resulting in powerful shifts for individual members as well as their teams. The added bonus is you will be transformed throughout the process too.”*

*-Helen Tsotsos, Certified Professional Coach (ACPC), Toronto, ON*

## Workshop/Contact Information

**May 7-11, 2018**

**Monica's Farmhouse  
Kitchener, Ontario**

**Email: [llehtonen@hurontel.on.ca](mailto:llehtonen@hurontel.on.ca)**

**Phone: 519-669-4479**

**Website: [www.lindalehtonen.com](http://www.lindalehtonen.com)**

**Investment: \$2,950 plus HST**

Includes resource material

Payment plans and volume rates available.

Please make cheque payable to Lehtonen Management Consulting Ltd.



# About Linda Lehtonen

Linda Lehtonen is President of Lehtonen Management Consulting Ltd. She has over 30 years experience in facilitating groups, third party conflict resolution, human resource management, organization development, training and keynote speaking, coaching, mentoring and counseling.



She has a Master's degree in Human Resources Development and Adult Education, a Bachelor's degree in Psychology, and has studied Marital and Family counseling.

Her work also includes Executive Coaching with individuals.

Linda has taught at York University in the Psychology Department and at Wilfred Laurier University in the School of Business and currently at the University of Toronto's Ontario Institute for Studies in Education teaching their certificate program in Adult Training and Development.

Her experience covers a wide range of topics, primarily in the areas of leadership, facilitation, conflict resolution, teambuilding and personal power and self esteem. She has worked in mining, health care, high tech, government, financial and manufacturing companies at all levels of the client system. She led a team of organization development consultants for many years in a large financial institution. She is considered an expert in the field of group facilitation and process consultation, and is known for working with especially difficult teams.

Her work has included international travel in Europe, Southeast Asia, and throughout North America. She is known to work from a place of profound respect, compassion and integrity in all of her work.